

DULUTH PARKS AND RECREATION

# WINTER/SPRING PROGRAMS

JANUARY - MAY 2024



[duluthmn.gov/parks](http://duluthmn.gov/parks)



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# ABOUT US

Greetings community!

We're excited to share our Winter – Spring program guide with you. These are programs taking place January – May 2024.

This guide is packed full of information on programs, facility reservations, and where to find project updates. We look forward to seeing you in the parks soon!

**FOLLOW US ON SOCIAL MEDIA!**

@DuluthParksMN

Facebook Instagram

Stay up to date with the latest from Duluth Parks and Rec!

Learn about programs, events, alerts, trail closures, and projects in the Duluth park and trail system.

Along the great Lake Superior, Duluth's extensive and all-season park system is a critical component of the city's physical, environmental, social, and economic well-being. In addition to a number of destination-quality parks, Duluth's park system offers an array of recreation amenities and a diverse trail network. Duluth's trail system includes 10 miles of horseback trail, 30 miles of paved accessible trail, 16 miles of gravel accessible trail, 38 miles of cross-country ski trail, 85 miles of bike-optimized singletrack trail, and over 150 miles of natural surface hiking trail!





## Mission Statement

To promote the health and well-being of our community, environment and economy by facilitating recreational opportunities and coordinating the enhancement of our parks, facilities and natural resources now and into the future.

## Vision Statement

To be the central driving force in strengthening the heritage of a healthy, active community for future generations by continuing on the path of improving and enhancing our parks and facilities, protecting our natural resources, and developing partnerships to deliver recreation programs and services.

## Parks Planning

Parks & Recreation planning, design, construction, and public engagement efforts related to parks, park facilities, trails, and natural resources is led by our Stewardship team. Stewardship projects aim to improve park access and recreational experiences for our citizens, reduce conflicts, enhance resiliency, and protect our natural resources. To learn more about active parks planning, design, and construction projects, please visit our Progress in the Parks page at: [duluthmn.gov/parks/parks-planning/progress-in-the-park](https://duluthmn.gov/parks/parks-planning/progress-in-the-park)

## Financial Assistance Policy

The goal of the fee assistance policy is to lower financial barriers to participation in park programs for Duluth residents in financial need. Eligibility for the program is determined by completing an application and verifying City of Duluth residency. Qualified household members will be eligible to receive a discounted price on Parks and Recreation program fees. The discount is valid for the calendar year in which citizens applied and applicants must reapply for fee assistance each year. To qualify for assistance, applicants must affirm, one, that they are Duluth residents, and, two, that they are receiving, or are eligible for, one of the following benefits:

- School Free and reduced lunch program
- Housing Authority (HUD) Section 8 Rent Subsidy
- Medicare or Medicaid
- County financial assistance (SNAP, Emergency or Medical Assistance, Unemployment)
- Social Security Disability

The amount of fee assistance provided to each participant is limited per calendar year to:

- Up to \$300 per participant for qualifying programs
- Once recipients meet \$300 limit, then up to 50% off all other qualifying programs

# INFORMATION

## Weather Hotline

Call the weather hotline at 218-730-4321 for information on program cancellations or trail closure information, visit our Facebook page, **DuluthParksMN**, for the most up to date program information.

Visit [duluthmn.gov](http://duluthmn.gov)  
to register for programs

## Registration

### Online

To register for parks and recreation programs, please visit our online registration system at [duluthmn.gov/parks/register](http://duluthmn.gov/parks/register). Log in with your username and password, or create an account if you are new.

### Create Account

- Go to [duluthmn.gov/parks/register](http://duluthmn.gov/parks/register)
- Select “Create an Account”
- Enter all required information (all family members, contact information and birthdates must be entered – including correct year)

### Over the phone

- Duluth Parks and Recreation Office, 218-730-4300

## Payment

Payment must be made at the time of registration by cash, check or credit card.

## Cancellations and Refunds

- Participants wishing to withdraw from a program must do so at least three days prior to the start of the program or by the stated registration deadline to guarantee a full refund.
- Partial refunds after the start of the program are only considered if injury or serious illness occurs and must be approved.
- Refunds can take up to three weeks to process.
- If program is cancelled by Parks & Recreation, full refunds will be issued.

## Photo Policy

Photographs and video are occasionally taken of participants while they are in programs, special events, city facilities, or while enjoying park spaces. Please note that these photos may be published by the City of Duluth.

## Contact Us



218-730-4300



[parks@duluthmn.gov](mailto:parks@duluthmn.gov)



[duluthmn.gov/parks](http://duluthmn.gov/parks)



Facebook: DuluthParksMN



Parks and Recreation – City Hall (Ground Floor) 411 W. First St., Duluth, MN 55802

# COLD FRONT

CELEBRATE THE BEST OF WINTER FUN!



## SATURDAY, FEBRUARY 3

NOON-6 P.M. • BAYFRONT PARK, DULUTH

Snow Play • Youth Dog Sled Rides • Bonfires  
Curling • Ice Skating • Sledding Luge • XC Skiing  
Fat Biking • Snowshoe Kickball  
Food for purchase by Grandma's Saloon & Grill

For a complete schedule, visit [ColdFrontDuluth.com](http://ColdFrontDuluth.com)



YETI HUNT



**YETI HUNT**  
Saturday Feb. 10  
Clues hourly 10 am - 3 pm  
@DuluthParksMN  
Catch the Yeti on camera in a city park and share\* with us to be entered in a prize drawing!  
\*Tag us on social media or email to parks@duluthmn.gov

Duluth Parks & Recreation

The poster features a white yeti standing in a snowy landscape with two green evergreen trees. The background is dark blue with white snowflakes. The text is in a playful, rounded font.

SLED SHEDS



# Sled Sheds

**Borrow a sled and go have fun!**  
**Please put it back whenever you're done!**

Locations (as snow conditions allow)

- Merritt Park, 4017 West 7th St.
- Lincoln Park, 25th Ave West & 5th St.
- Leif Erikson Park, 11th Ave E & London Rd
- Portland Square, 1016 East 5th St.
- Morley Heights Park, 112 Morley Parkway



Duluth Parks & Recreation

The advertisement has a light blue background. On the right, there is a photograph of a person in a blue jacket and black hat sledging down a snowy slope with a child in a green sled. On the left, there is a photograph of a sled rack with orange and blue sleds in a snowy park setting. The text is in a mix of bold, sans-serif and cursive fonts.



## S'MORE SKI GROOMING

Join Duluth Parks & Rec and the Duluth Cross Country Ski Club (DXC) to learn about what it takes to keep our ski trails in great condition throughout the winter, and how the MN Ski Pass gives back to our community. See the Pisten Bully equipment up close, and ask questions of our talented groomers.

DXC will host a social ski outing on the Lester Park ski trails with classic and skate ski groups. All abilities welcome.

Lester Park Trails have 4k of lighted trail. No registration required.

Lester-Amity Chalet, *2940 Seven Bridges Rd.*  
M | Feb. 12 | 6-7:30 p.m. | Free



## SPRING WAKE-UP

Join others on the Lakewalk as we wake up with Spring! We encourage you to bring coffee, go for a walk, watch the sunrise, and welcome in the Spring equinox. A group hike to Leif Erikson Park and back will begin at 7:10 a.m. (sunrise) for those interested.

Ages: All  
Lakewalk, Above the Lighthouse Lot  
*500 Canal Park Dr.*  
W | March 20 | 7-8 a.m. | Free

## COMMUNITY JOKE TRAIL

Get in some exercise and some laughs on our "Joke Trail"! Travel clockwise around the quarry floor to read the jokes (questions on the front, and answers on the back). Stay tuned to our social media pages on how to submit a joke for our Joke Trail!

Ages: All | Explore on your own  
Quarry Park, *1325 N. 59th Ave. W.*  
Friday, March 29-Thursdays, April 4

## PARKS NIGHT OUT

Celebrate Parks Day and gear up for summer by enjoying a night in Lincoln Park. Make your own campfire pie, and enjoy one of the many surrounding trails or play a round of disc golf.

Ages: All  
Lincoln Park, *Lincoln Park Dr. & W. 3rd St.*  
Th | May 9 | 6-8 p.m. | Free



# GENERAL PROGRAMS

## INTRO TO ARCHERY

Come learn a new skill and practice your accuracy at Intro to Archery! Participants will learn the basic safety, technique, and process for shooting archery and practice their skills on the range. This is an introductory class for families and community members to learn the basics of archery.

The bows used are not suitable for children under the age of 8. All equipment provided; no personal archery equipment allowed.

Ages: 8+  
Washington Center Gym, 310 N. 1st Ave. W.  
M | 6:15-7:30 p.m. | \$7

Date	Course #
Jan. 8	3338
Jan. 15	3339
March 11	3340

Max Enrollment: 12

## OPEN ARCHERY

Once you've taken an Intro to Archery class, camp, or program through Parks & Recreation, join us for Open Archery. This program is a chance for you to come review and practice your archery skills!

All equipment provided; no personal archery equipment allowed.

Ages: 8+  
Washington Center Gym, 310 N. 1st Ave. W.  
M | 6:15-7:30 p.m. | \$7

Date	Course #
Jan. 22	3341
Jan. 29	3342
March 18	3343
March 25	3344

Max Enrollment: 12



# GENERAL PROGRAMS

## ARCHERY TOURNAMENT

Join in on some friendly competition in an Archery Tournament! Participants will test their archery skills in scoring rounds shot from two different distances. Prizes for top archers in each age group (10-13, 14-17, and 18+).

Prerequisite is a Parks & Recreation Intro to Archery class or Parks & Recreation Archery Club course. All equipment provided; no personal archery equipment allowed.

Ages: 10+

Washington Center Gym, 310 N. 1st Ave. W.

Sa | March 30 | 1-3 p.m. | \$10 | Course # 3347

Max Enrollment: 12

## ARCHERY LEAGUE

Archery League is designed for beginner recreational archers to continue skill development through friendly competition. Participants will learn how to use a scorecard and participate in scoring rounds each week to track personal progress.

Prerequisite is a Parks & Recreation Intro to Archery class, Archery Camp, or Archery Club course. All equipment provided; no personal archery equipment allowed.

Ages: 10+

Washington Center Gym, 310 N. 1st Ave. W.

M | April 1-22 | 6:15-7:30 p.m. | \$35 | Course # 3346

Max Enrollment: 12

## ADVENTURE BOOK CLUB

Join us, along with our partners at the Duluth Public Library for our winter adventure book club. Local author, Dave Pagel, will be joining us to talk about – Cold Feet: Stories of a middling climber on classic peaks and among legendary mountaineers. After our discussion indoors, we will head out for an hour long hike along the shores of Lake Superior with the author.

Ages: 18+

Lafayette Community Center, 3016 Minnesota Ave.

F | March 8 | 10-12 p.m. | Free | Course # 3430

# GENERAL PROGRAMS

## TEAM SNOWSTOMPERS

Be part of Team Snowstompers! As a snowstomper, you will adopt a section of trail within city limits to keep the trail packed down after all snowstorms. By doing this you will make that trail packed and easier to use without snowshoes throughout the winter. We have set trail sections below to adopt. Please register for only one section.

Ages: All | Free

Location	Course #
Cody St. – SHT & Duluth Traverse Loop	3370
Lincoln Park Trail	3371
Kingsbury Creek Loop	3374
Twin Ponds to Antenna Farm	2883
Chester Rim Trail	2884
Chester Creek Loop	3372
Morningside Trail to Jean Duluth Rd.	3373

Max Enrollment: 4 per section

## SCIENCE HIKE

Parks and Recreation is teaming up with Duluth Foot Trails Alliance to offer a monthly hike and science adventure. We will lace up snowshoes when needed (provided for free if you need a set) and hike in different parks around the city. Come prepared to learn something new and get fresh air with a great crew!

Ages: 10+

Th | 5:30-7 p.m. | \$5

Date	Session	Location	Course #
Dec. 14	Intro to Snowshoes	Piedmont Trails, 2226 Hutchinson Rd	3393
Jan. 18	Beach Volcanoes	Park Point Nature Trail, 45th St. & Minnesota Ave.	3394
Feb. 22	Winter Ecology	Fairmont Park, 72nd Ave W. & Grand Ave.	3395
March 14	Stream Ecology	Congdon Park/Tischer Crk, Congdon Park Dr. & Superior St.	3414
May 16	Spring Phenology	Morningside Trail, 3501 Vermillion Rd.	3415



# GENERAL PROGRAMS

## FULL MOON HIKE

On the evening of the full moon, join us for a hike to enjoy the peacefulness of the night sky. Headlamps and snowshoes provided if needed.

Ages: All  
\$5 | Difficulty: Moderate

Day	Date	Time	Location	Course #
Tu	Jan. 25	6-7 p.m.	Hartley Park, 3001 Woodland Ave.	3416
Sa	Feb. 24	6-7 p.m.	Waabizheshikana, 7011 Pulaski St.	3417
M	March 25	7:30-8:30 p.m.	Twin Ponds, W. Skyline Pkwy. & Hank Jensen Dr.	3418
Tu	April 23	8-9 p.m.	Hawk Ridge, 3980 E. Skyline Pkwy.	3419
TH	May 23	8:30-9:30 p.m.	Park Point Nature Trail, 45th St. & Minnesota Ave.	3420

## WOMEN HIKE DULUTH

We have partnered with Hike Duluth to provide guided hikes at various parks to encourage women to be active and meet others who also enjoy the outdoors. Wear sturdy shoes and dress for the weather. Each month will be a new location.

Ages: All | Free

Day	Date	Time	Location	Course #
Sa	Jan. 20	10 a.m.-Noon	Magney-Snively Trailhead, W. Skyline Pkwy.	3500
Sa	Feb. 17	10 a.m.-Noon	Park Point Nature Trail, 45th St. & Minnesota Ave.	3501
Tu	March 19	6-7 p.m.	Hartley Park, 3001 Woodland Ave.	3502
Tu	April 16	6-7 p.m.	Waabizheshikana, 7011 Pulaski St.	3503
Tu	May 21	6-7 p.m.	Quarry Park, 1325 N. 59th Ave. W.	3504



# GENERAL PROGRAMS

## BAYFRONT ICE RINK AND WARMING HOUSE

Join us down at Bayfront to enjoy skating in the heart of Duluth! The warming house will be open every day, weather permitting, and limited skates are available for use for free. Friday nights are official S'mores Nights! We will also have backyard curling available to play during open skating hours.

Open daily starting January 11 – weather permitting. Weather cancellations will be posted on our website: [duluthmn.gov/parks/cancellations](http://duluthmn.gov/parks/cancellations)

Ages: All | Free  
Bayfront Family Center, 700 Railroad St.

Monday-Friday | 3-7 p.m.  
Saturday | Noon-7 p.m.  
Sunday | Noon-4 p.m.

## BACKYARD CURLING

Learn the art and fun of backyard curling! We have an outdoor curling rink down at Bayfront Skating Rink that is free to use all winter when Bayfront Skating Rink is open. In this class, you will learn how to throw, score, and laugh while curling outdoors!

Ages: All | Free  
Bayfront Family Center, 700 Railroad St.

Day	Date	Time	Course #
Th	Jan. 18	4-5 p.m.	3421
Sa	Jan. 27	2-3 p.m.	3422

Max Enrollment: 10



# GENERAL PROGRAMS

## OPEN SKATE

This is an opportunity for anyone to try out ice skating. Indoor rink, music, and no sticks or pucks allowed for a comfortably paced and secure environment for active fun and interaction. Limited skates available for use.

Ages: All  
Essentia Duluth Heritage Center,  
120 S. 30th Ave. W.

Jan. 7-May 22 | \$3  
Su 3-5 p.m.  
W 6:30-8 p.m.

## GONE FISHIN'

The first program of the season has us fishing at Chambers Grove on the St. Louis River. We will talk all things fishing! Bring your fishing gear or use ours. No experience needed.

Ages: 18+  
Chambers Grove Park, 13404 MN Hwy. 23  
M | May 13 | 5:30-7 p.m. | \$5 | Course # 3423

Max Enrollment: 12

## CAR CAMPING 101

Come learn what is needed to do your own successful car camping trip. We will discuss equipment needed, meal planning, and where to go in the region. After our discussion we can practice the skills needed to have a positive experience!

Ages: 16+  
Location: TBD - Check online registration  
Tu | May 14 | 5:30-7:30 p.m.  
\$5 | Course # 3424

Max Enrollment: 12

## THEMED ICE SKATING NIGHT WITH DJ

Take advantage of our free ice skating party and costume contest with music provided by Sounds Unlimited Entertainment.  
Theme: Skate for the Heart.

Ages: All  
Essentia Duluth Heritage Center,  
120 S. 30th Ave. W.  
W | Feb. 7 | 6:30-8 p.m. | Free

## INTRODUCTION TO DULUTH MOUNTAIN BIKING

Designed to get you familiar with the basics of mountain biking. We will cover the fundamentals to get you comfortable on trail, as well as how to access and navigate our Duluth trail system. This program will have up to 4 miles of trail riding on beginner mountain biking trails. Bring your own bike and helmet for this program or we can provide both for you.

Ages: 18+  
Kingsbury Creek Trailhead, 7215 Waseca St.

5:30-7:30 p.m. | \$30

Day	Date	Course #
Tu	May 14	3426
M	May 20	3427

Max Enrollment: 8



# GENERAL PROGRAMS

## MUSIC TOGETHER

Discover the joy of making Music Together! Sing, laugh, move, and learn along with your baby, toddler, or preschooler for 45-minutes of pure fun each week in these award-winning classes.

BOND more closely with your child through song.

MAKE NEW FRIENDS for both you and your little ones.

SUPPORT your child's overall development, knowing that music learning supports all learning.

HELP YOUR CHILD learn to sing and dance as naturally as they learn to walk and talk.

HAVE LOADS OF FUN (because children teach themselves through play!)

We bring families together in a warm, supportive environment with the goal of having everyone feel comfortable singing, dancing, and jamming. Classes are mixed-age so siblings can be together. Infants under eight months on the first day of the session attend free with a paid sibling. Receive a CD, a code to download the music, an illustrated songbook, and parent education materials.

Try a free demo class to see if this program is a good fit for your family.

Ages: Infant-Preschool with Adult Caregiver

Harrison Community Center, 3002 W. 3rd St.

Portman Community Center, 4601 McCulloch St.

Day	Date	Time	Cost*	Location	Course #
M	Dec. 18 – FREE DEMO	10:30-11:15 a.m.	Free	Portman	3348
M	Dec. 18 – FREE DEMO	5:30-6:15 p.m.	Free	Portman	3349
Tu	Dec. 19 – FREE DEMO	10-10:45 a.m.	Free	Harrison	3350
M	Jan. 8-March 11	9:30-10:15 a.m.	\$179	Portman	3351
M	Jan. 8-March 11	10:30-11:15 a.m.	\$179	Portman	3352
M	Jan. 8-March 11	5:30-6:15 p.m.	\$179	Portman	3353
Tu	Jan. 9-March 12	10-10:45 a.m.	\$179	Harrison	3354
M	March 26 – FREE DEMO	10:30-11:15 a.m.	Free	Portman	3355
M	March 26 – FREE DEMO	5:30-6:15 p.m.	Free	Portman	3356
Tu	March 27 – FREE DEMO	10-10:45 a.m.	Free	Harrison	3357
M	April 1-June 10**	9:30-10:15 a.m.	\$179	Portman	3358
M	April 1-June 10**	10:30-11:15 a.m.	\$179	Portman	3359
M	April 1-June 10**	5:30-6:15 p.m.	\$179	Portman	3360
Tu	April 2-June 4	10-10:45 a.m.	\$179	Harrison	3361

\*Additional sibling is \$97; use “Additional Sibling – Music Together” discount during check-out for this rate.

\*\*No class on Monday, May 27.

This class does not qualify for fee assistance.

Max Enrollment: 12



# GENERAL PROGRAMS

## FAMILY PHENOLOGY

Spend time outside together learning about the changing of the seasons! Designed to spark curiosity and deepen your connection with the natural world. Join us on a journey through the enchanting realm of spring phenology in Minnesota.

We'll observe, investigate, and discuss changes that happen in nature as the seasons transition. Topics will include plant, animals, bird migration, and more.

Ages: All  
Su | 1-2 p.m. | \$3

Date	Location	Course #
March 17	Chambers Grove Park, <i>13404 MN Hwy. 23</i>	3386
April 21	Lincoln Park, <i>25th Avenue W. and 3rd St.</i>	3387
May 19	Observation Park, <i>914 W. 3rd St.</i>	3388

Max Enrollment: 12

## GLOW-IN-THE-DARK GAME NIGHT

Get active as a family as we play a variety of games in the dark! Black lights, glowsticks, glow-in-the-dark equipment, and more. We'll play a different game each night!

Ages: 10+  
Washington Center Gym, *310 N. 1st Ave. W.*  
6:30-7:30 p.m. | \$3

Day	Date	Activity	Course #
Su	Jan. 14	Dodgeball	3335
Th	Feb. 15	Pickleball	3336
Th	March 7	Kickball	3337

Max Enrollment: 12

## PADDLING THE BOUNDARY WATERS

Have you ever wanted to go to the Boundary Waters? Come learn what is needed to get out for an overnight paddle. We will discuss permits, meals, route picking, gear needed, and we'll even have a chance to practice portaging a canoe.

Ages: 16+  
Lafayette Park, *3016 Minnesota Ave.*  
Tu | May 7 | 5:30-7:30 p.m.  
\$5 | Course # 3425

Max Enrollment: 12



# ADULT LEAGUES

## PICKLEBALL LEAGUE

Pickleball is a fun, rapidly growing sport enjoyed by all ages and skill levels. The game combines elements of tennis, badminton, and ping-pong. This is a drop-in program where people split up and play. No schedule, results will be taken just a way for people to get together and have some fun!

Ages 18+  
Washington Center Gym, 310 N. 1st Ave. W.  
Tu, Th | Jan. 2-April 25 | 9-11 a.m. | \$3

## ULTIMATE FRISBEE LEAGUE

Throw, catch, and score your way to a great time by participating in this ultimate frisbee league. Sign up as an individual and then be placed on a team. League will be played each Sunday except for May 5. Deadline to sign up is Thursday, March 28.

Ages: 18+  
Essentia Duluth Heritage Center,  
210 S. 30th Ave. W.  
Su | April 7-May 19 | 3:30-6:30 p.m. | \$30  
Course # 3366

Max Enrollment: 50

## VOLLEYBALL LEAGUE

This is a fun, recreational open (no male/female restrictions) league! It will be played as 6 v 6. Season consists of a regular season and end of year playoffs. League will be played each Sunday except for February 11. Deadline to sign up a team is Thursday, January 11.

Ages: 18+  
Washington Center Gym, 310 N. 1st Ave. W.  
Su | Jan. 21-March 10 | 6-10 p.m. | \$150  
Course # 3364

## KICKBALL LEAGUE

This is a fun, recreational open (no male/female restrictions) league! Season consists of a regular season and end of year playoffs. Deadline to sign up a team is Thursday, March 28.

Ages: 18+  
Essentia Duluth Heritage Center,  
120 S. 30th Ave. W.  
Su | April 7-May 19 | 7-10 p.m. | \$150  
Course # 3367

Max Teams: 12

## ADULT COSMIC DODGEBALL

Come relive your childhood as we play dodgeball in the dark! Black lights, glowsticks, glow-in-the-dark dodgeballs and more. We'll play a few different formats of dodgeball in some friendly competition!

Ages: 18+  
Location: Washington Center Gym, 310 N. First Ave. W.  
6:30-7:30 p.m. | \$5

Day	Date	Course #
Th	Jan. 18	3432
Th	March 14	3433

Max Enrollment: 16

## YOUTH ARCHERY CLUB

Archery Club provides opportunities to learn, develop, and practice archery skills over the course of four sessions. Topics covered will begin with basic safety and technique, then progress to games and challenges and competition-style scoring practice to track skill development. Participants will also learn strategies to observe peers and provide feedback on archery skills.

All equipment provided; no personal archery equipment allowed.

All: 10-16

Washington Center Gym, 310 N. 1st Ave. W.

M | Feb. 5-26 | 6:15-7:30 p.m. | \$35 | Course # 3345

Max Enrollment: 12

## HOMESCHOOL GYM TIME

This program will provide various activities for youth to stay active indoors during the winter months. The gym can be divided into younger and older groups as needed.

Various sports and gym equipment will be available to use, including soccer balls/nets, basketballs, Spikeball, dodgeballs, relay race items, scooters, and more.

Ages: 6+

Washington Center Gym, 310 N. 1st Ave. W.

W | Jan. 3-March 27\* | Noon-1:30 p.m.

\$2/day | Course # 3363

\*No Homeschool Gym Time on Feb. 21

Max Enrollment: 16



# YOUTH PROGRAMS

## DEVELOP SKILLS TO SKATE

This instructional ice skating program is for youngsters just starting out on skates. Class consists of developing basic skating skills. It is suggested that children bring helmets (bike or other is fine) to the class. Please arrive early to allow time to get skates on before lesson begins.

Ages: 5-14

Bayfront Park, 350 Harbor Dr.

M | Jan. 22-Feb. 26 | \$30

Ages	Time	Course #
5-9	5:15-6 p.m.	3368
10-14	6:15-7 p.m.	3369

Max Enrollment: 8

## TODDLER PLAYTIME

Come enjoy some indoor play space during the winter months! Both adults and children have the opportunity to engage in active play and socialize with others. Adults choose toys and equipment that are suitable for the age and interest of their children. This is an open-play style program and no hands-on instruction will be provided.

Morgan Park and Washington Center Gym have space for more active options like riding toys.

Ages: 0-5 with caregiver

10-11:30 a.m. | Free

Day	Date	Location
M	Jan. 8 – April 29	Morgan Park Community Center, 1242 88th Ave. W.
W*	Jan. 3 – April 24	Washington Center Gym, 310 N. 1st Ave. W.
F	Feb. 2 – April 26	Portman Community Center, 4601 McCullough St.
Sa	Jan. 27	Washington Center Gym, 310 N. 1st Ave. W.
Sa	Feb. 24	Portman Community Center, 4601 McCullough St.
Sa	March 30	Morgan Park Community Center, 1242 88th Ave. W.

\*No Toddler Playtime on Feb. 21 or April 17





# 55+ PROGRAMS

## 55+ Senior Program Locations:

Evergreen Senior Center, 5830 Grand Ave. | Board meeting: Second Friday at 10:30 a.m.

Harrison Community Center | 3002 W. 3rd St.

Morgan Park Community Center, 1242 88th Ave. W.

Portman Community Center, 4601 McCulloch St.

## SENIOR DINING

Meals for seniors are provided by the Arrowhead Economic Opportunity Agency (AEOA) at some of our park locations for a \$4.50 contribution for those 60 and above, or \$7.50 for those under 60. Meal reservations must be made at least 24 hours in advance. Dining menus can be found at Evergreen Senior Center.

To sign up for senior dining, please call: 218-727-4321 or 218-727-6448

## ACTIVITY CLUBS

Activity Clubs are community-run groups that meet in park spaces and community centers throughout the city. Everybody aged 55+ is welcome to join an existing club or create a new Activity Club.

For more information on creating or participating in an Activity Club: [duluthmn.gov/parks/seniors](http://duluthmn.gov/parks/seniors) or contact Claire Hoffman at 218-730-4310. Schedules are subject to change.

Activity	Location	Day	Time	Course #
500 Cards	Evergreen	Tu, F	12:15-3 p.m.	1968
BINGO	Harrison	M	12:15-3 p.m.	3443
BINGO	Evergreen	Th	12:30-3 p.m.	2226
BINGO	Morgan Park	W	12:30-3 p.m.	2079
Bone Builders	Evergreen	Tu, Th	9-10 a.m.	1969
Bridge	Portman	M	Noon-3 p.m.	1965
Cribbage	Evergreen	W, Sa	1-4 p.m.	2809
Cribbage	Morgan Park	Tu	12:30-3 p.m.	1959
Cribbage	Evergreen	M	6-8:30 p.m.	3143
Dominoes	Evergreen	M	10 a.m.-Noon	1967
Hand and Foot	Evergreen	M	Noon-3 p.m.	1966
Men's Coffee and Chat	Portman	W	9-11 a.m.	2031
Play/Learn to Play Mahjong	Evergreen	W	12-3 p.m.	1960



# 55+ PROGRAMS

## 55+ PICKLEBALL

This is a non-competitive playing group that promotes staying active in the winter, practicing, and enjoying the game!

All abilities welcome. Equipment available to use, or bring your own. Peers will cover the necessities to get you out on the court, such as rules, how to hold the paddle, and general safety.

Hand-eye coordination and ability to move around the court is necessary. Adaptations will be made where possible upon request. Please wear non-marking court shoes, comfortable clothing, and bring your own water bottle.

Ages: 55+

Washington Center Gym, 310 N. 1st Ave. W.

M, F | 9:30 a.m.-Noon

Session	Dates	Cost	Course #
1	Jan. 8-Feb. 26*	\$16	3390

\*No Pickleball on Jan. 15, Feb. 19 or Feb. 23

2	March 1-April 29*	\$24	3391
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\*No Pickleball on April 15 or April 19

Pre-registration required (No drop in); Waitlist available; first come-first served

## GENTLE YOGA

Yoga offers many benefits to the mind and body! It can relieve stress and tension, calm the nervous system, and help maintain mobility. Our yoga instructor will guide you through a relaxing flow to leave you feeling refreshed. No previous experience is necessary, all levels welcome! Adaptations can be made where possible.

Ages: 55+

### PORTMAN

Session	Dates	Time	Cost	Course
Session 1	Jan. 9, 16, 23, 30, Feb. 6, 13, 20	5:30pm-6:30pm	\$35	3399
Session 2	March 5, 12, 19, 26, April 9, 16	5:30pm-6:30pm	\$30	3445
Session 3	April 23, 30, May 7, 14, 21	5:30pm-6:30pm	\$25	3446

### EVERGREEN

Session	Dates	Time	Cost	Course
Session 1	Jan. 10, 17, 24, 31, Feb 7	5:45pm-6:45pm	\$25	3447
Session 2	Feb. 21, 28, March 6, 13, 20	5:45pm-6:45pm	\$25	3448
Session 3	April 3, 10, 17, 24, May 8, 15, 22	5:45pm-6:45pm	\$35	3449

## SNOWSHOE SOCIAL

Looking for a way to stay active and enjoy the Minnesota winter? Join other 55+ individuals for a snowshoe social throughout Duluth’s parks! Snowshoes and poles are provided, or bring your own. This program is dependent on snowfall and subject to change. Pre-registration required.

Ages: 55+  
 W | 10-11 a.m. | \$2

Date	Location	Difficulty	Course #
Jan. 24	Quarry Park, 1325 N. 59th Ave. W.	Easy	3408
Jan. 31	Lester Park, 61 Lester River Rd.	Moderate	3409
Feb. 7	Chambers Grove, 13404 MN 23	Easy	3410
Feb. 14	Hawk Ridge, 3980 E. Skyline Pkwy.	Moderate	3411

## DRIVER SAFETY REFRESHER WITH AARP

Join us for an AARP Smart Driver course. When course is completed, you may be eligible for discounts on your auto insurance. Plus, safer driving can save you more than just money. The course teaches proven driving techniques to help keep you and your loved ones safe on the road. Pre-register with Duluth Parks & Recreation, and bring payment to class to give to instructor. Class taught by Marilyn Fleming with AARP.

Ages: 55+  
 Morgan Park Community Center, 1242 88th Ave. W.  
 M | 1-5 p.m. | \$20 AARP Member; \$25 Non-Member

Date	Course #
March 12	3396
April 22	3397
May 13	3398



# 55+ PROGRAMS

## ADVANCE CARE PLANNING

Take control of your future by planning ahead with a Health Care Directive. Join us with experts from St. Luke's Hospice for a comprehensive session where you'll gain a clear understanding of your options, learn common terminology, and acquire the necessary tools to confidently manage your advance care planning. By the end of this session, you'll be equipped with knowledge about selecting a healthcare agent, identifying various types of advance directives, and understanding the components of a health care directive form.

Ages: 55+

Portman Community Center, 4601 McCulloch St.

Th | Jan. 11 | 11 a.m.-Noon | Free | Course # 3429

## LUNCH, LEARN AND SHARE

Join us with Duluth Aging Support for neighbor-to-neighbor support, community resource sharing, and a monthly conversation on rotating topics that are important to our community. We will have refreshments upon arrival, and food catered from local vendors. Pre-registration is required, food is limited to 30 participants. Topics will be published on our website closer to program dates. Find more information here: [duluthmn.gov/parks/register](http://duluthmn.gov/parks/register)

Ages: 55+

Harrison Community Center, 3002 W. 3rd St.

F | 10:30 a.m.-12:30 p.m. | Free

Dates: Jan. 19, Feb. 16, March 15, April 19, May 17

## TAX-AIDE

AARP Foundation Tax-Aide provides tax assistance to anyone, free of charge, with a focus on taxpayers who are over 50 and have low to moderate income. Tax-Aide volunteers are trained and IRS-certified every year to make sure they know about and understand the latest changes and additions to the tax code.

**Pre-registration required. Call 218-310-5744, M-F, Noon - 6:00 PM to make a reservation.**

*Please do not call outside of these hours.*

Evergreen Senior Center, 5830 Grand Ave.

Day	Dates	Time	Cost	Course #
M	Feb. 12-April 15	10:30 a.m.-4:30 p.m.*	Free	3444

\*March 18 ends at 3:00pm



## HOSPICE 101

Do you know the different kinds of hospice care that are available? Experts from St. Lukes Hospice will share what your options are. Discuss ways you can be prepared, what questions to ask, and how to make plans that are best for you.

Portman Community Center, 4601 McCulloch St.  
Th | March 14 | 11 a.m.-Noon  
Free | Course # 3428

## SECOND HALF LIVING - LET'S CHAT

Let's talk about aging issues together! Join a small group of community members at Evergreen Senior Center to talk about topics that matter to you. This is an informal conversational group meant to build connections and share the experience of aging.

Meetings are held on the second and fourth Wednesday of the month at Evergreen

Ages: 55+  
Evergreen Senior Center, 5830 Grand Ave.  
W | Jan. 10-May 22 | 10-11:30 a.m. | Free | Course # 3304



## DULUTH AGING SUPPORT

Do you need help getting groceries? Want to find new ways to volunteer or get involved in the community? Need a ride to the doctor?

Duluth Aging Support can point you in the right direction! Join us at one of our monthly drop-in sessions where we welcome your questions about anything from caregiving to volunteer opportunities. For sensitive topics, there is a private room available for discussion.

Ages: 55+  
Evergreen Senior Center, 5830 Grand Ave.  
Tu | 10-11 a.m. | Free | Course # 2187

Jan. 16  
Feb. 20  
March 19  
April 16  
May 21

## MEMORY CAFE

Bimonthly group for folks with cognitive impairment or dementia to reminisce, engage in activities, and create a sense of connection to wellness. Caregivers are invited to join to meet and socialize with other caregivers and participate in activities. Memory Café will be held the first and third Tuesday of the month. This program is free but please register to ensure there are enough materials.

For more information and to register, call 218-624-4828 x 1018.

Ages: 55+  
Harrison Community Center, 3002 West 3rd St.  
Th | 5:30-6:30 p.m. | Free | Course # 3442

Jan. 4, 18  
Feb. 1, 15  
March 7, 21  
April 4, 18  
May 2, 16

## 55+ PROGRAMS

### SENIORS GET SAVVY

Do you have questions about your new device? Want to learn how to best utilize your settings? How to access Facebook on your phone? Change your privacy settings? Bring your questions and drop-in for an informational Q & A session to help build your confidence in technology! Be sure to bring your devices and know your passwords. Please note, this is NOT a repair or virus removal service.

Ages: 55+

Evergreen Senior Center, *5830 Grand Ave.*

Th | 10 a.m.-Noon | Free

Dates: Jan. 25, Feb. 22, March 28, April 25

### DAY TRIP: CHANHASSEN DINNER THEATER PRESENTS "JERSEY BOYS"

Relax and escape the winter blues by going on a trip to the Chanhassen Dinner Theater! You will be picked up and dropped off at Wheeler Athletic Complex in Duluth. We will arrive at the theater for lunch, where you will select a meal of your choice. Jersey Boys is a matinee performance with phenomenal music and storytelling. Experience electrifying performances of chart-topping hits including, "Sherry," "Big Girls Don't Cry," and "Can't Take My Eyes Off You." Pre-registration required, space is limited. Register by Friday, January 19.

Ages: 55+

Pick up and drop off at Wheeler Athletic Complex, *3501 Grand Ave.*

W | Feb. 21 | 7:30 a.m.-8 p.m. | \$150 | Course # 3392

### PATIO PLANTERS

Get ready for summer by making a compact patio planter. You will make your own tomato and herb planter that is perfect for a patio, deck, or other small space. Containers, soil, and plants will be provided. Please register to ensure enough materials are provided.

Ages: 55+

Evergreen Senior Center, *5830 Grand Ave.*

Tu | May 14 | 10:30-11:30 a.m. | \$4 | Course # 3441

# FACILITIES AND PARKS

Facility	Address	Capacity	Handicap Accessible	Wi-Fi Available	Projection Screen	Microwave	Sink	Fridge	Stove	Ample Off-Street Parking	Limited Off-Street Parking	On-Site Event Host
City Center West/Evergreen Center	3501 Grand Ave.	50	x	x	x	x	x	x	x		x	
Morgan Park Community Center	1242 88th Ave. W.	100	x		x	x	x	x	x	x		
Harrison Community Center	3002 W. 3rd St.	50	x		x	x	x	x	x		x	
Portman Community Center	4601 McCulloch St.	50	x		x	x	x	x	x	x		
Lafayette Community Center	3026 Minnesota Ave.	50	x			x	x	x	x		x	
Park Point Beach House	4750 Minnesota Ave.	200	x		x	x	x	x		x		x
Wade Stadium	101 N. 35th Ave. W.	400	x							x		x
Washington Center Gym	310 1st Ave. W.	100	x								x	

Park	Address	Capacity	Private Events	Wedding Events	Pavilion	Gazebo	Stage	Stadium	Electricity	Grill(s)	Permanent Restroom (May - Oct)	Portable Toilet	Playground	Ample Off-Street Parking	Limited Off-Street Parking
Bayfront Playfront Park	350 Harbor Dr.	20	x	x	x						x	x	x	x	
Brighton Beach Park	6202 Congdon Blvd.	50	x	x	x					x		x	x	x	
Chambers Grove Park	13419 W. 3rd St.	100	x	x	x				x	x	x		x	x	
Chester Park	1801 E. Skyline Parkway	200	x	x			x		x	x		x	x	x	
Enger Park	1601 Enger Tower Dr.	100	x	x		x			x	x	x				x
Gichi-ode' Akiing Park	218 Canal Park Dr.	50		x					x		x			x	
Lakewalk Plaza	504 Canal Park Dr.	50		x								x		x	
Leif Erikson Park	1301 London Rd.	250	x	x			x		x			x			x
Lester Park	61 Lester River Rd.	250	x	x	x				x	x		x	x		x
Lincoln Park	2505 W. 3rd St.	100	x	x	x		x		x	x	x	x	x		x
Memorial Park	5315 Grand Ave.	50	x	x	x					x		x	x		x
Park Point Pavilion 1	4750 Minnesota Ave.	50	x	x	x				x	x		x		x	
Park Point Pavilion 2	4750 Minnesota Ave.	50	x	x	x				x	x		x		x	
Rose Garden	15 S. 13th Ave. E.	150		x		x			x		x			x	
Sister Cities Park	218 Canal Park Dr.	50		x							x			x	
Wade Stadium - Special Event	101 N 35th Ave W.	400	x	x				x	x			x		x	

The following buildings are managed on behalf of Parks & Recreation by third parties.

Please contact them directly for assistance.

- [Bayfront Park](#) • 218.722.5573 • bayfront@decc.org • bayfrontfestivalpark.com
- [Chester Bowl Chalet](#) • 218.724.9832 • sam@chesterbowl.org • chesterbowl.org
- [Central Hillside Community Center](#) • 218.727.5372 • jsimonette@1roofhousing.org
- [Hartley Nature Center](#) • 218.724.6735 • info@hartleynature.org
- [Gary New Duluth Recreation Center](#) • 218.464.1930 • gnd.community
- [Lester-Amity Chalet](#) • 218.721.8241 • duluthxc.com
- [Woodland Community Center](#) • 218.722.4745 • eranta@duluthymca.org





Evergreen Center



Harrison Community Center



Lafayette Community Center



Morgan Park Community Center



Park Point Beach House



Portman Community Center



Wade Stadium



Washington Center Gym



Bayfront Playfront Park



Brighton Beach



Chambers Grove Park



Chester Park



Enger Park



Gichi-Ode' Akiing (Lake Place Park)



Lakewalk Plaza



Leif Erikson Park



Lester Park



Lincoln Park



Memorial Park



Park Point Pavilion



Rose Garden



Sister Cities Park



# FACILITY RESERVATIONS

## Make a Reservation - Athletics, Facilities, and Parks

Permit applications and facility rentals can be found online: [duluth.gov/parks/reservations-permits](http://duluth.gov/parks/reservations-permits)

Athletic Facility	Address	Multi-Use Field	Youth Baseball	HS/College Baseball	HS Baseball Field	Softball Field	Pickleball	Tennis	Bocce Ball	Horseshoes	Basketball Court	Sand Volleyball	Lights	Scoreboard
Blackmer Park	8301 Beverly St.	x												
Chester Park	1800 E. Skyline Pkwy.	x												
Duluth Heights	33 W. Mulberry St.	x												
Helmer Carlson (Basswood Field)	900 N. Basswood Ave.		x			x								
Irving Park	20 S. 57th Ave W.	x												
Merritt Park	4017 W. 7th St.	x	x			x	x				x			
Wheeler Complex	35th Ave. W. & Grand Ave.						x	x	x	x	x	x		
Wheeler Ball Field 1	35th Ave W. & Grand Ave.		x			x							x	x
Wheeler Ball Field 2	35th Ave W. & Grand Ave.		x			x							x	x
Wheeler Ball Field 3	35th Ave W. & Grand Ave.		x			x							x	x
Wheeler Ball Field 4	35th Ave W. & Grand Ave.		x			x							x	x
Wheeler Ball Field 5	35th Ave W. & Grand Ave.				x								x	x
Wade Ball Field 6	35th Ave W. & 1st St.		x			x							x	x
Wade Ball Field 7	35th Ave W. & 1st St.		x			x							x	x
Wade Stadium	35th Ave W. & 1st St.			x									x	x
Woodland Park	3211 Allendale Ave.	x	x			x								



Blackmer Park



Duluth Heights



Helmer Carlson (Basswood Field)



Irving Park



Merritt Park



Wheeler Pickleball Courts



Wade Stadium



Woodland Field

## Parks Planning

Parks & Recreation planning, design, construction, and public engagement efforts related to parks, park facilities, trails, and natural resources is led by our Stewardship team. Stewardship projects aim to improve park access and recreational experiences for our citizens, reduce conflicts, enhance resiliency, and protect our natural resources. To learn more about active parks planning, design, and construction projects, please visit our Progress in the Parks page at: [duluthmn.gov/parks/parks-planning/progress-in-the-park](https://duluthmn.gov/parks/parks-planning/progress-in-the-park)

## Guiding Documents

Parks & Recreation decisions and services are guided and informed by a series of reference documents, such as mini-master plans, natural area management plans, and ordinances as approved by the Parks and Recreation Commission and/or City Council. To learn more about the background, public engagement processes, design approach, and recommendations related to specific parks and natural areas, please visit our Parks Planning Library and Duluth Natural Areas Programs pages at [duluthmn.gov/parks/parks-planning/parks-planning-library/](https://duluthmn.gov/parks/parks-planning/parks-planning-library/) and [duluthmn.gov/parks/natural-resources/dnap](https://duluthmn.gov/parks/natural-resources/dnap)

## Project Highlight

In October 2023, a reopening celebration was held for Lincoln Park. The stone pavilion was dedicated in honor and memory of former Councilor Renee Van Nett. Parks & Recreation will begin taking reservations for the park, including the stone pavilion, in January 2024. This project was made possible by grant funding from the National Park Service Outdoor Recreation Legacy Partnership Program, Clean Water Fund Competitive Grants Program, the City of Duluth's Community Development Block Grant Program, and the U.S. Bank Foundation. Additional funding support came from half-and-half tourism tax proceeds, City of Duluth, Super Bowl Legacy program, and donations from Essentia Health, maurices, St. Luke's, and Minnesota Power.

The project included:

- Restoration of the stone pavilion, including ADA restrooms, a new playground and picnic area, installation of improved storm water management practices
- Two new parking lots
- New full-sized basketball court on the upper terrace, nature playscape, and picnic pavilion on upper terrace
- Lincoln Park Drive stabilization and repaving
- Installation of signage







[duluthmn.gov/parks](http://duluthmn.gov/parks)