



**FOR IMMEDIATE RELEASE**  
**City of Duluth - Parks and Recreation Division**

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218-730-4309 | [www.duluthmn.gov](http://www.duluthmn.gov) | William Roche, Parks and Recreation Division Mgr.

For more information contact Pakou Ly, Public Information Coordinator 218-730-5309

**DATE: 3/30/2018**

**SUBJECT: Duluth Parks Offering Free Activities April 2-6**

**BY: Pakou Ly, Communications Office**

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**Duluth Parks Offering Free Activities April 2-6**

[Duluth, MN] - Duluth Parks and Recreation will be offering free activities at the Essentia Heritage Sports Center next week (120 South 30th Avenue West). Students and parents are encouraged to participate.

Sports activities are planned Monday – Thursday on the artificial turf from 11 am-1 pm. In the afternoons Monday Through Friday, from 1:30-3:30 pm, the public is invited to open skating. Helmets are recommended for kids under 10.

Parents are encouraged to participate with their children. Anyone can take advantage of the walking oval above the ice rink or sit inside the sunny and peaceful lobby.

Unaccompanied children under the age of 15 need to have a sign-in/waiver form filled out by a parent/guardian at the time of participation.

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# **DULUTH PARKS & RECREATION SPRING BREAK SPORTS FUN**

**Parks & Recreation is hosting spring break “Learn to Sport” sessions next week! Various sports will be taught and played on the turf. Ice skating is available as well!**

**Learn to Sport: Monday—Thursday (April 2nd-5th)  
11:00am-1:00pm**

**Ice skating: Monday—Friday (April 2nd-6th)  
1:30pm-3:30pm**

**FREE!**

**DULUTH HERITAGE  
SPORTS CENTER  
120 N 30TH AVE W**

**Check [DULUTHMN.GOV/PARKS](http://DULUTHMN.GOV/PARKS) or  
call Nick at (218) 730-4314 for more information.**